### 3 Weeks Before Trip

- Consider: Climate, Amount of time traveling, Itinerary, & Special events
- Choose:
   Footwear
   Outerwear (if
   necessary)
   Special event outfits
- Choose 3- color palette based on the items above.
  E.g. colors; a neutral (black, white, taupe) and 2 accent colors (typically red and one other)
- Pull core items & place on a separate rack (a core item is something very versatile that you can wear with many different items e.g. jeans, trouser pants, white button-up, fitted t-shirts, tanks etc...
  - Finally, take note of gaps in wardrobe. Make a list & get busy thrifting/shopping / making/mending

#### 2 Weeks Before

Start putting together full outfits using footwear choices, core items, special event pieces, & color palette as a guide. Aim to have at least 1/2 of your outfits completely planned out by packing day. If you have chosen versatile core items, the rest of the outfits will take care of themselves.

### A complete outfit contains:

- Undergarments
- Top & bottom, dress, or jumpsuit
- Socks or tights
- Jewelry

- Other accessories e.g. belt, scarf, hat, gloves, purse
- Shoes
- Outerwear

### 1 Week Before

- Review items and make sure everything is clean, unwrinkled & still suitable for travel plans
- Take inventory of toiletries and other essential items.
   Buy necessities.
- Make sure you have enough of your current meds/supplement s for your trip.

Do you need a book to read? Will you be working while you're away? If so, what do you need to take with you? What other types of entertainment will you need?

#### 24 -12 Hours Before

- Pack everything that isn't fragile
- Decant toiletries and label
- Pack a pair of underwear for each day away + 2
- Plan to wear the bulkiest items.
- Pack shoes in dust bags
- Put socks inside shoes

- Put heaviest items at bottom of suitcase
- Plan to carry-on meds, reading material, headphones, snacks, empty water bottle, laptop/ipad etc...
- Make a list of items to complete before leaving e.g. adjust thermostat, take out trash, clean refrigerator, set light timers, close curtains, pet care etc.